

ARE YOU READY TO ALIGN WITH
YOUR SOUL'S HIGHEST CALLING?



TraumaNeuro TNTM Coaching Process



INSTITUTE OF HAPPINESS
TRANSFORM TRAUMA. EMBRACE JOY.

Have you been struggling with your own challenges for years, yet always ending up back at square one?

Are you a coach who has been searching for THAT ONE SOLUTION? A tool that guides your clients' journey to its destination - permanently?

Do you know that TRAUMA and the NERVOUS SYSTEM are the keys to change, but you're tired of ineffective methods?

Want to change the world with a proven method to impact the nervous system and reshape trauma?



***RESHAPING TRAUMA AND
THE NERVOUS SYSTEM -
EFFORTLESSLY AND
EFFICIENTLY?***

***READY TO USE A PROVEN
METHOD THAT GIVES YOU AND
YOUR CLIENTS THE LIFE YOU
HAVE ONLY DREAMED OF?***

It's finally here!

Embark on a transformative journey towards personal empowerment and transform others in 2024?

CHECK PRICING DETAILS BELOW

The TraumaNeuro Transformation Method (TNTM) is a researched, neuroscience-based step-by-step process designed to reorganize nervous system communication when stuck in chronic survival mode, enabling the possibility of joy and success.

TraumaNeuro Coaching Process:

We train TraumaNeuro coaches who learn a self-compassionate and transformative method for stabilizing the nervous system and reorganizing trauma into a healthy and functional part of it.



We offer you two
different paths:

1.

Become

a TraumaNeuro Coach,
a pioneer of neuroscience-
based transformation

2.

Participate

in the TraumaNeuro
Coaching process without
the aim of helping others

How does the TraumaNeuro Coaching Process differ from other training?

The TraumaNeuro Coaching Process is a step-by-step process based on researched knowledge of the nervous system.

TNTM learning starts with you!

It begins with a process with your own nervous system, enabling the metabolism of emotional trauma, the building of self-compassion, and real embodied transformation.

An unstable nervous system always communicates emergency signals to its environment.

A stabilized nervous system, on the other hand, provides security, peace, and is able to support others through their own journey of change.

That's why everything starts with your own process, your own embodied transformation.



“

I'M GLOWING.



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"My life has completely changed. I'm confused. I can not understand. I'm here. The pieces seem to fall into place in a continuous flow.

Little by little, nothing is the same and I am just extremely happy and grateful. How can you Susanna? Woah! This process!

I love it, I crave it. Wanting to go back to that little Kaiju again and again. Whoah. There are no words to describe this change, life really.

A light has come on in my eyes and I'm glowing. The people I'm with have noticed the same.

I'm connected to myself and everything and I don't find it burdensome anymore. I'm enjoying every moment."

Kaiju, TraumaNeuro Coaching Student

The Art of TraumaNeuro Method

By transcending the confines of linear left-brain thinking and embracing the holistic, spatial cognition of the right hemisphere, TraumaNeuro coaches unlock the doorway to profound healing.

In this multidimensional realm, the narrative of trauma undergoes a metamorphosis, weaving a tapestry of love and self-compassion from the threads of past suffering.

Trauma-induced shame and the relentless demands of the wounded psyche demand meticulous attention, rooted in the profound understanding of early relational wounds and emotional neglect.

Through the lens of neuroplasticity, TraumaNeuro coaches navigate the intricate neural pathways, understanding that true healing transcends the mere regulation of the nervous system.

It involves a profound reorganization of fragmented memories, a delicate dance between the conscious and the preverbal, unraveling the tapestry of trauma woven into the fabric of the body.



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Compassion as a Catalyst for Change

At the heart of this transformative process lies the integration of compassion – a beacon of hope illuminating the darkest corners of shame and self-doubt.

Compassion becomes the cornerstone of resilience, nurturing a profound sense of connection and belonging, both within oneself and with the world at large.

TraumaNeuro coaches are not just facilitators of healing; they are torchbearers of compassion, guiding their clients on a journey of self-discovery and profound transformation.



In May 2024, we'll open the possibility to reserve your spot in the training at a super-early bird price – with over a thousand dollar discount!

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How and when you can start your studies:

The duration of the study is 9–18 months.

Onboarding starts on **June 10th, 2024** with PREPARATORY MODULE FOR A NEW WAY OF LEARNING.

Onboarding stage includes:

- Learning to observe patterns within oneself without judgment or criticism
- Basic exercises for orientation and personal boundaries

Trimester 1

Reshape your nervous system

- This section opens up to you on August 9th.
- The first 3 months focus on providing you with a system to attain the first 300 necessary repetitions for stabilizing the nervous system.
- Lectures are available every other week.
- The main task between lectures is to repeat the exercise for each week/lecture.
- The system is designed to be implementable in any life situation.
- This phase cannot be exceeded, shortened, or skipped.
- Exercises vary and last from 1 to 15 minutes.
- You must commit to this.
- The duration of the study is 9–18 month, in order to embody the necessary 1000 repetitions.

Trimester 2

Working to transform body memories from distress to safety – Loving Gaze Protocol + Traumaneuro Touch

- This section becomes available to you on November 9th.
- Lectures are available every other week.
- The main task between lectures is to repeat the exercise for each week/lecture.
- You will learn to understand what lies behind the Traumaneuro touch method.
- What timeline work means in this context
- How to use the Loving Eyes protocol first to work with your own body memories (implicit memory).

Mid-Term Exam

The mid-term exam is conducted before the start of Phase 3.

Trimester 3

Coaching and helping others

- Includes 3 live webinars
- Learn the laser-sharp method to transform your clients' nervous system and turn the distress in body memories into blossoming!
- Energetic selling - learn how to use your own story and energy to reach your dream clients - without exhaustive sales and persuasion!

Final Exam

We monitor that you have understood and embodied the TraumaNeuro Method and have the ability to operate, and are ready to transform other people's nervous system and implicit memories.

Note: During the coaching, the content of the materials may be updated and changed to meet the participants' needs and current topics.

Please note that the schedules are also affected by general holiday periods.

Become a TraumaNeuro Coach



During May 2024, you have the opportunity to reserve your spot in the coach training at a price of **\$1600 USD**.

WHEN YOU RESERVE YOUR SPOT IN MAY:

<p>MOST POPULAR</p> <p>\$157,70</p> <p>PER MONTH</p> <p>12-MONTH PAYMENT PLAN</p> <p>TOTAL: \$1890</p> <p><u>REGISTER</u></p>	<p>BEST PRICE!</p> <p>\$1600</p> <p>REG. \$2920</p> <p>ONE-TIME PAYMENT</p> <p><u>REGISTER</u></p>	<p>SPECIAL OFFER</p> <p>\$91,25</p> <p>PER MONTH</p> <p>24-MONTH PAYMENT PLAN</p> <p>TOTAL: \$2190</p> <p><u>REGISTER</u></p>
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The coach training program's regular price is \$2920 USD

THERE ARE LIMITED SPOTS AVAILABLE.

Registration for TraumaNeuro Coach Training for Fall 2024 ends on August 31st.

If you don't dream of coaching but of your own deep healing and transformation, you also have the opportunity to reserve your spot in the 2024 coaching program at a discounted price during May.

THE REGULAR PRICE OF THIS TRANSFORMATION PROCESS IS \$1500 USD.

**WHEN YOU RESERVE YOUR SPOT NOW,
SAVE OVER \$500!**

The Program Includes:

- **Semester 1** – Reshape your nervous system
- **Semester 2** – Working to transform body memories from distress to safety – Loving Gaze Protocol + Traumaneuro Touch

DURING MAY, YOU HAVE THE OPPORTUNITY TO RESERVE YOUR SPOT AT THE EARLY BIRD PRICE.

WHEN YOU RESERVE YOUR SPOT IN MAY:

\$920
REG. ~~\$1500~~

ONE-TIME PAYMENT

[REGISTER](#)

\$82,50 / MONTH
TOTAL: \$990

12-MONTH PAYMENT PLAN

[REGISTER](#)

How do you fit studying into your daily life?

The first two stages of the coaching program are designed to be completely flexible to your own schedule.

Studying takes place in an online environment, through the material available on the Kajabi coaching platform.

What we expect from you is to commit from the very beginning to doing short daily nervous system exercises.

"There is no passion to be found playing small - in settling for a life that is less than the one you are capable of living."

-Nelson Mandela



Susanna Tanni

Institute of Happiness, Founder
TraumaNeuro Coaching, Founder

Transform trauma.
Embrace joy.



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